

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Psychosocial
Skills Category	Social Activities
Skills Standard Title	Plan and Conduct Activities for Persons with Dementia and Persons with Mental Health Issues
Skills Standard Descriptor	Plan and conduct suitable activities for persons with dementia and persons with mental health issues. Provide feedback on suitability of activity.
Skills Proficiency Level	Level 2 <i>(Previously 'Intermediate' under CCSSF)</i>
Source Code	CCSSF-P-SA-3002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • How dementia and mental health issues affects the way individuals react to planned activities • Work with different stakeholders to plan the activities, stakeholders may include: ○ Doctors ○ Nurses ○ Therapists ○ Medical Social Workers (MSW) / Social Workers (SW) ○ Family members • Common activities appropriate for persons at different stages of dementia and persons with mental health issues at different level of stability, such as: ○ Craft ○ Games ○ Conversation and Reminiscence ○ Entertainment ○ Hobbies and Interests (gardening, assist in meal preparation) ○ Music appreciation ○ Painting and Creative Art ○ Sensory Activities ○ Exercise • Factors to consider when planning activities with multiple stakeholders, which may include: ○ Considering festivals, celebrations and/or holidays ○ Identifying the interest and preferences of clients

	- Resources available for successful activities (budget, time, skills) - Safety considerations for the client and their carers when planning activities for individuals with dementia and other mental health issues, taking into consideration: - Gender - Age - Physical ability - Conducting planned activities effectively, which may include: - Researching how the activity can be conducted effectively - Buying the consumables - Safety considerations are taken to prevent mishaps - Organisational guidelines and policies relating to : - Gathering feedback from clients - Privacy and confidentiality - Relevant legal and/or industrial requirements in relation to support care functions, which may include: - Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) - Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) - Workplace Safety and Health Guidelines (Workplace Safety and Health Council) - National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health) - Allied Health Professions Council (AHPC) guidelines on supervision and delegation of tasks to therapy support staff
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: - Plan activities suitable for persons with dementia and other mental health issues - Conduct planned activities in a safe manner by ensuring free of hazards such as : - Ensuring the floor is dry - Available space for the clients - No loose wiring and extension cords on the floor - Engage the clients with dementia and other mental health issues - Gather feedback on the outcome of planned activity - Guide informal caregivers on how to engage the care recipient in the activity (where there is an informal caregiver present) by means of: - Explaining the stages and/or steps of the activity - Asking caregiver to try out the activity with the client - Giving diagrams or pamphlets of the activity, if needed or where available
Person Centred Care	Underlying principles:

<i>This refers to having a person centred care mind set to drive the care giver to respect and recognise the decisions/choices of the person they are taking care of.</i>	• Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: • Plan and conduct activities for persons with dementia and other mental issues, and to guide informal caregivers on how the activities are to be conducted